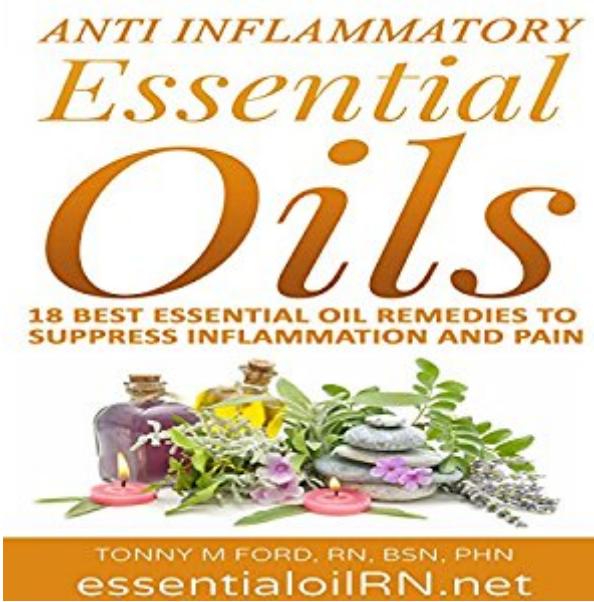


The book was found

Anti-Inflammatory Essential Oils: 18 Best Essential Oils For Inflammation



Synopsis

Chronic pain is a condition that afflicts millions of people in the US alone, and that number is rising by 15 percent to 22 percent each year. The intensity of pain can range anywhere from mild discomfort to debilitating pain while its frequency can last for a few short hours to intermittent bouts that go on for days, weeks, months, years, and even decades. In search of relief, people are turning to drastic measures like taking potent drugs or undergoing surgery - both of which actually cause more bodily harm. In the end these become causes of chronic pain, too. This book recommends a nonaddictive (not based on drugs or medications), noninvasive (no surgeries required), and relatively inexpensive way of treating chronic pain in the comfort of your own home. It contains information on the different massages you can use, what kind of essential oils you can apply on your skin, and what oils or compounds you can use for aromatherapy. It also contains detailed information about the healing properties of common and rare forms of herbs, flowers, and plants that are used in essential oils. There are also tips on how to buy essential oils and oil compounds for beginners. After listening to this book, you will have a better insight on why chronic pain exists and why most drugs, medications, and surgeries do not afford permanent relief. You will also be able to choose essential oils based on their primary ingredients that will help ease most or all the symptoms of physical ailments.

Book Information

Audible Audio Edition

Listening Length: 1 hourÂ andÂ 41 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Tonny M

Audible.com Release Date: August 12, 2015

Language: English

ASIN: B013UYR2EE

Best Sellers Rank: #44 inÂ Books > Audible Audiobooks > Science > Chemistry #1234 inÂ Books > Audible Audiobooks > Science > Medicine #1510 inÂ Books > Science & Math > Chemistry > Organic

Customer Reviews

This book is filled with very informative tips and uses. fast delivery. my favorite book right now

Good information.

[Download to continue reading...](#)

ANTI INFLAMMATORY DIET: ANTI INFLAMMATORY COOKBOOK: ANTI INFLAMMATION: 500 Healthy and Delicious Anti Inflammatory Diet Recipes to Heal your Immune System(anti ... inflammatory foods, allergen management) Anti Inflammatory Diet: Guide to Eliminate Joint Pain, Improve Your Immune System, and Restore Your Overall Health (anti inflammatory cookbook, anti inflammatory ... recipes, anti inflammatory strategies) Anti Inflammatory Diet: 5 Week Anti Inflammatory Diet Plan To Restore Overall Health And Become Free Of Chronic Pain For Life (Top Anti-Inflammatory Diet Recipes, Anti Inflammatory Diet For Dummies) The Anti-Inflammatory Diet: Rich Anti-Inflammatory Foods to Cut Down on Inflammation - Over 25 Anti-Inflammatory Recipes You Will Love Gout & Anti Inflammation Meal Plan Guide - Nutritional Strategies for Reducing Inflammation Naturally Gout Prevention, Gout Diet, Anti Inflammatory Foods ... Eat, & Avoid, & Moreâ | (Gout & Inflammation) Anti-Inflammatory Diet: A complete guide to the Anti-Inflammatory Diet, How to reduce Inflammation?: What you should eat & avoid to Reset your Immune System ... Immune System, Reduce Inflammation Book 1) Anti-Inflammatory Diet: A complete guide to the Anti-Inflammatory Diet, How to reduce Inflammation?: What you should eat & avoid to Reset your Immune ... System, Reduce Inflammation) (Volume 1) Anti Inflammatory Diet: Autoimmune Dinner Recipes: 30+ Anti Inflammation Diet Recipes To Fight Autoimmune Disease, Reduce Pain And Restore Health (Autoimmune ... Disease, Anti-Inflammatory Diet, Cookbook) Anti Inflammatory Diet: Autoimmune Lunch Recipes: 35+ Anti Inflammation Diet Recipes To Fight Autoimmune Disease, Reduce Pain And Restore Health (Autoimmune ... Anti-Inflammatory Diet, Cookbook Book 2) Anti Inflammatory Diet: 1000 Anti Inflammatory Recipes: Anti Inflammatory Cookbook, Kitchen, Cooking, Healthy, Low Carb, Paleo, Meals, Diet Plan, Cleanse, Whole Food, Weight Loss, For Beginners Anti Inflammatory Diet Action Plan: 6 Week Meal Plans To Heal Yourself With Food, Restore Overall Health And Become Pain Free (Anti Inflammatory Diet, ... Anti Inflammatory Diet Plan) (Volume 2) Anti Inflammatory Diet: The Ultimate Anti-Inflammatory Diet Recipes!: Top Anti-Inflammatory Diet Recipes for Beginners Anti Inflammatory Diet Action Plan: 6 Week Meal Plans To Heal Yourself With Food, Restore Overall Health And Become Pain Free (Anti Inflammatory Diet, ... Anti Inflammatory Diet Plan Book 2) Anti-Inflammatory Essential Oils: 18 Best Essential Oils for Inflammation Anti Aging: The Best Anti Aging Beauty Products, Anti Aging Medicines and Anti Aging Skin Care Treatments to Make You Look and Feel Younger (Anti Aging, ... Secrets, Anti Aging Diet,

Beauty Products) Anti-Inflammatory Diet: Your Ultimate Guide To Healing Inflammation, Alleviating Pain and Restoring Physical Health With 50 Delicious Anti-Inflammatory Recipes (2nd Updated Edition) Paleo Anti Inflammatory: 500 Paleo Anti Inflammatory Spiralizer and Air Fryer Recipes: Paleo Cookbook, Breakfast, Lunch, Snack, Quick and Easy Healthy Recipes for Weight Loss, Anti Infammatory Essential Oils For Beginners: Essential Oils For Weight Loss: Essential Oils Natural Remedies: Essential Oils Summer And Winter Recipes: Nature's Best Kept Secret For Weight Loss And Balance Health Anti Inflammation: The 10 Day Inflammation Reduction Miracle: Beat Swelling, Lose Weight, Get Energized, Cure Pain, Optimal Nutrition for the Reduction of Inflammation Essential Oils For Pets: Ultimate Guide for Amazingly Effective Natural Remedies For Pets (Natural Pet Remedies,Essential Oils Dogs, Essential Oils Cats,Aromatherapy Pets,Essential Oils For Pets,)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)